

THE BARTON & WESTERLY LIFE

JUNE NEWSLETTER 2026



BARTON
COMMUNITIES
ACTIVITY CENTER

216-221-3400
14300 DETROIT AVE.
LAKEWOOD, OH 44107

WWW.BARTONCOMMUNITIES.ORG

BARTON CENTER CONTACTS



Allison Urbanek

President

216-221-3400 ext. 1

aurbanek@bartoncommunities.org

Christina Stover

Lead Activities Coordinator

216-221-3400 ext. 2

cstover@bartoncommunities.org

JeAnna MarBury Sr.

Activities Coordinator

216-221-3400 ext. 3

jmarbury@bartoncommunities.org



Pam Schraff

Activities Coordinator

216-221-3400 ext. 4

pschraff@bartoncommunities.org



**The Barton offices will be closed on Friday,
June 19 for the holiday.**

**Would you like the newsletter delivered to
your email each month?**

See Christina or email her at:

cstover@bartoncommunities.org!

WESTERLY CONTACTS

Work Orders or General Questions Call 216-521-0053 - Dial by Extension

Property Administrator

Meghan Curran Ext. 6 – mcurran@bartoncommunities.org

Assistant Property Manager

Grace Steiner Ext. 3 – gsteiner@bartoncommunities.org

Compliance Manager

Nicole Garner Ext. 4 – ngarner@bartoncommunities.org

Occupancy Specialist

Mary-Francis Miller Ext. 1 – mmiller@bartoncommunities.org

Occupancy Specialist

Brenda Colbert Ext. 2 – bcolbert@bartoncommunities.org

Front Desk Coordinator

Linda Lopez Ext. 0 - frontdesk@bartoncommunities.org

Service Coordinators Press 3 or Dial by Extension

WI South Building

Debbie Magda-Vukmanic Ext. 8 – dvukmanic@bartoncommunities.org

WII North Building

Paul Keiper Ext. 7 – pkeiper@bartoncommunities.org

WIII West Building

Milica Djordjevic Ext. 9 – mdjordjevic@bartoncommunities.org

Maintenance & Custodial Team

Deshawn Ramsey – Lead Maintenance Tech

Allen Roslan – Maintenance Tech

Maceio Williams – Maintenance Tech

Michael Evans – Maintenance Tech

Tim Ferris – Maintenance Tech

Leonard Gwin – Unit Turn Tech

Carolyn Copeland – Lead Custodian WIII West Building

Angela Sciarrino – Custodian WII North Building

Mary Curtis - Custodian WI South Building

AFTER-HOURS URGENT MAINTENANCE REQUESTS ONLY 216-521-2141

This phone is not answered during business hours

BARTON CENTER SHOPS

Book Nook

Hours: Tuesdays & Thursdays
9:30 a.m. - 2:30 p.m.

The Corner Store

Hours: Monday 10 a.m. - 12 p.m.
Tuesday - Thursday 10 a.m. - 3 p.m.

The Library

Hours: Monday - Friday
9 a.m. - 8 p.m.
Key FOB Entry

Hodge Podge Resale Shop

Hours: Monday 9 a.m. - 12 p.m.,
Wednesday 9 a.m. - 12 p.m., &
Thursday 6 p.m. - 8 p.m.

Salon & Barber Shop

Hours: Thursdays or Fridays
11 a.m. - 2 p.m.
Call: Chris Fordyce to schedule
appointment.
(216) 287-6634

\$7 Lunch Delivery by Barton Center

Residents are required to pre-pay for meals by
12 p.m. noon on Tuesday each week.

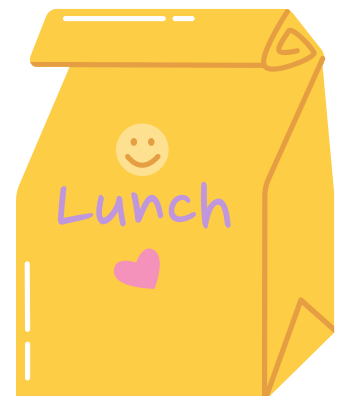
Meals can be prepaid at The Corner Store.

June 11:

Chicken salad croissant, 3-bean salad, and
watermelon

June 25:

Fried chicken, mac & cheese, greens, and pie



June Movie Days

Popcorn is provided at each movie!

Remarkably Bright Creatures

When: Monday, June 1

Time: 2 p.m. - 4 p.m.

Where: Faulhaber Auditorium



Superman



When: Monday, June 8

Time: 2 p.m. - 4 p.m.

Where: Faulhaber Auditorium

Miss Juneteenth

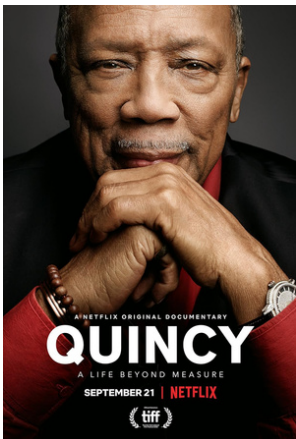
When: Monday, June 15

Time: 2 p.m. - 4 p.m.

Where: Faulhaber Auditorium



Quincy



When: Monday, June 22

Time: 2 p.m. - 4 p.m.

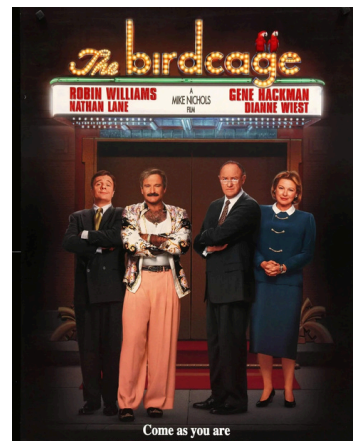
Where: Faulhaber Auditorium

The Birdcage

When: Monday, June 29

Time: 2 p.m. - 4 p.m.

Where: Faulhaber Auditorium



June Crafts

Wind Chimes

When: Thursday, June 4

Time: 1 p.m. - 3 p.m.

Where: Craft Room



Tumeric Photo Art

When: Thursday, June 11

Time: 1 p.m. - 3 p.m.

Where: Craft Room

Water Bottle Suncatchers

When: Thursday, June 18

Time: 1 p.m. - 3 p.m.

Where: Craft Room



Magazine Collages

When: Thursdays, June 25

Time: 1 p.m. - 3 p.m.

Where: Craft Room

**Residents MUST pre-register for ALL crafts on the Craft Room door.
See Barton Staff with questions!**

June Activities

Food Box Distribution -

Cleveland Food Bank

When: Friday, June 5

Time: 10 a.m. - 2 p.m.

Where: Cafe

You must pre-register.

Contact: Christina at (216) 221-3400 ext. 2



June Birthdays

When: Friday, June 12

Time: 2 p.m. - 3 p.m.

Where: Cafe

Join us in the cafe for cake and a fun game! All are welcome!

Dip Tasting

When: Monday, June 22

Time: 1 p.m. - 2 p.m.

Where: Cafe

Join us for a dip tasting of various different dips. **Must sign-up by Wednesday, June 17.**



Greece Presentation w/ Christina

When: Thursday, June 25

Time: 2 p.m. - 3 p.m.

Where: Cafe

Want to see pictures of Christina's vacation to Greece? Join us for a slideshow to see all the sights!



June Activities

Pet Club

When: Saturday, June 27

Time: 1 p.m. - 2 p.m.

Where: Community Room

Much as our fur babies love us they also need time with their own kind, let's arrange dogs walks, pet sitting exchange, (they would rather not be alone) and volunteers in case of emergency.



Extra Prize Bingo Day

When: Monday, June 29

Time: 2 p.m. - 4 p.m.

Where: Cafe

Join us for an extra special bingo as we celebrate National Bingo Day (6/27)! All are welcome!



Prize Bingo

When: Wednesdays, June 3 & 17

Time: 3:30 p.m. - 4:30 p.m.

Where: Cafe

Come join friends and win fun prizes!



M2B2 Band Rehearsals

When: Thursdays, June 4 & 18

Time: 7 p.m. - 9 p.m.

Where: Faulhaber Auditorium

All are welcome!



Lakewood Library Quarterly Visit

When: Thursday, June 11

Time: 9 a.m. - 12 p.m.

Where: Carr Lounge

This visit will include searching for unclaimed funds. An appointment is **REQUIRED**. Sign-up with Barton staff to reserve your 15-minute spot.

You can also check out books, sign-up for a library card, and ask any questions you have. There will be another raffle basket, library swag, and candy!



We Can Help



You MUST sign up in advanced. See Barton Staff to sign up for a 15-minute slot.

Sign Up to receive Free One-on-One Tech Support with IConnect

Date: Tuesday, June 23

Time: 2 p.m. - 4 p.m.

Where: Cafe

- Questions on your new device?
- Need help downloading games or apps?
- Want to know how to check or send email?
- Want to watch a movie on your tablet?
- Questions on saving pictures?
- Trouble with storage?



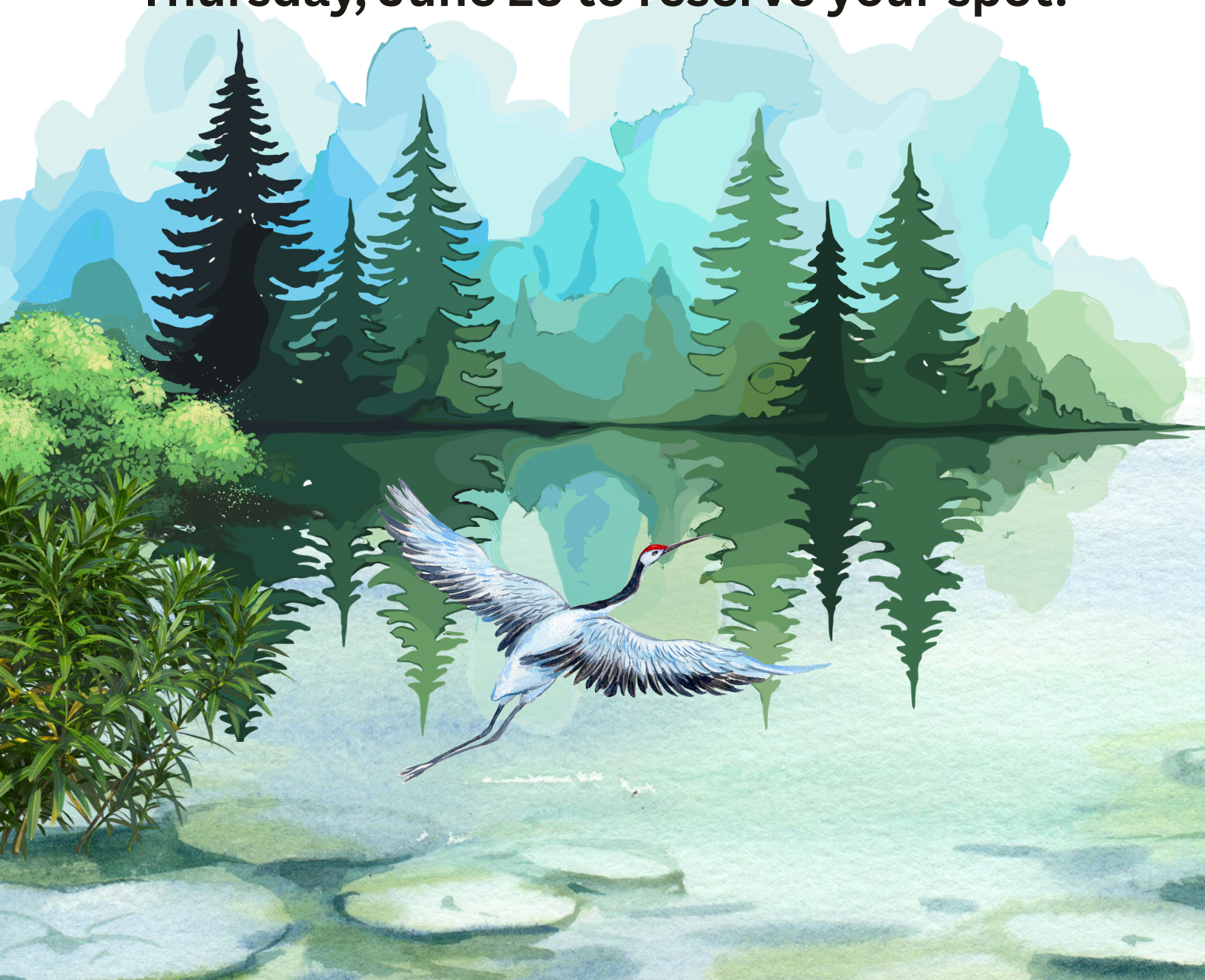
NATURE PAM PRESENTS: THE EVERGLADES: GRASSY WATERS

When: Tuesday, June 30

Time: 12 p.m. - 1 p.m.

Where: Cafe

**Sign-up is required. See Barton Staff by
Thursday, June 25 to reserve your spot.**



Center Member Group Activities



Open Craft Room Hours

When: Every Monday

Time: 9 a.m. - 12 p.m.

Where: Craft Room

Come hang out and work on
your crafts!

Wednesday Morning Coffee

When: Every Wednesday

Time: 8:45 a.m. - 10:30 a.m.

Where: Cafe



Coffee With Friends

When: Every Saturday

Time: 9 a.m. - 12 p.m.

Where: Cafe

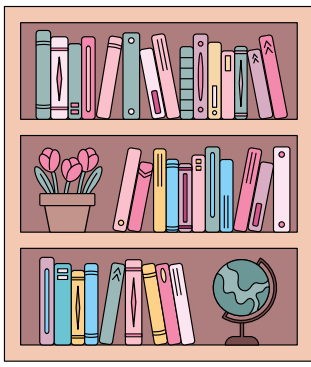
Trivia

When: Friday, June 26

Time: 3 p.m. - 4 p.m.

Where: Cafe





Book Club

When: Wednesday, June 3

Time: 1 p.m. - 2 p.m.

Where: Craft Room

We are discussing *The Midnight Library* and will be given *Metro Girl* for next month.

Lakewood Public Library: Home Delivery Service

When: Every Tuesday

Are you interested in receiving books, movies/DVDs, or other materials from the Lakewood Public Library? If so, call their Customer Service Desk by 6 p.m. the Saturday before your delivery date at: (216) 226-8275 ext. 110. You may also return materials during this time in the Cafe area.



Stories On Paper

When: Wednesdays,
June 10 & 24

Time: 10 a.m. - 12 p.m.

Where: Faulhaber Auditorium

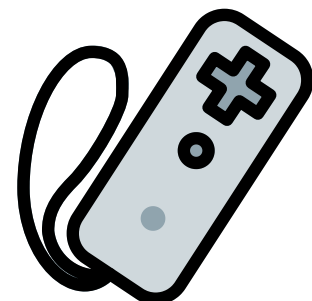
Participants are given a creative prompt to write a short story on their own time that can be shared with the group at the next class. Come get creative with us!

Wii Bowling

When: Wednesdays, June 3 & 17

Time: 2 p.m. - 3 p.m.

Where: Cafe



NEW!

Seated Volleyball



When: Wednesdays, June 10 & 24

Time: 2 p.m. - 3 p.m.

Where: Cafe

Want to try something new? Join us for seated volleyball. Sign up for a team outside Barton Offices!

Karaoke

When: Saturdays, June 6 & 20

Time: 6:30 p.m. - 8 p.m.

Where: Cafe

with Ron & Lilie Walden



Creative Therapy Activities



Art Therapy

When: Every Tuesday

Time: 4 p.m. - 5:30 p.m.

Where: Craft Room

with Jocelynn

Music & Memories Class

When: Every Thursday

Time: 2:30 p.m. - 3:30 p.m.

Where: Community Room

with Gavin



Health & Wellness Activities



Balance Class

When: Every Monday

Time: 11 a.m. - 11:45 a.m.

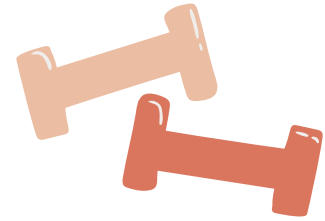
Where: Community Room

Movement & Lightweights Class

When: Every Tuesday

Time: 11 a.m. - 11:30 a.m.

Where: Community Room



Religion & Worship Activities



Rosary Services

When: Every Tuesday

Time: 7 p.m. - 8 p.m.

Where: Community Room
with Ms. Tyburski

Bible Study

When: Wednesdays, June 10 & 24

Time: 11 a.m. - 12:30 p.m.

Where: Community Room
with Ron & Lilie Walden



Women's Bible Study



Cancelled for June!

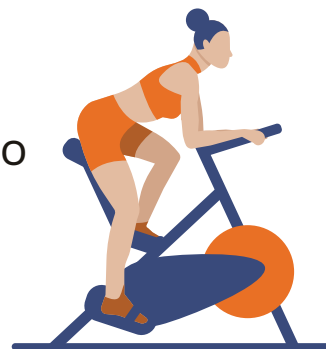
Barton Center Wellness Corner

Fitness Center

OPEN 24 HOURS



Please see the Westerly Office, room 110, to sign a waiver and activate your fob. **A waiver must be completed prior to using the Fitness Center.**



Dr. Mark Massie
Podiatrist

When: Thursdays
Time: 9 a.m. - 3 p.m.

By appointment ONLY
216-402-4233



Anthony Lima
Licensed Massage
Therapist

When: Tuesdays and
Saturdays
By appointment ONLY

Call or Text:
216-704-0794



Free Hearing & Hearing Aid Checks

When: Monday, June 8

Time: 10 a.m. - 5 p.m.

Where: Wellness Center

Call now to schedule your appointment!

Earl Gentile - 440-333-3271

Barton Center
Transportation Services
Must book in ADVANCE



(216) 221-4282

COST: \$2 one-way \$4 roundtrip

Monday - Friday 9 a.m. - 11:15 a.m.

1 p.m. - 3:15 p.m.

Westgate Trip:
Wednesday, July 8

Must be able to get in and out of the car independently. The Barton Center is not responsible for any **lost, stolen or damaged items.**

You must be on time for your ride, or the car will leave without you!!

Barton transportation reserves the right to refuse rides based on resident behavior.

A Word from the Property Manager

Dear Residents of the Westerly Apartments,

It was a pleasure to see many new faces at this month's meeting!

I'm excited to share some of the improvements we've successfully implemented here at the property:

- **New rocking chairs for our common areas**
- **An additional bike rack to accommodate more residents**

Looking ahead, we have plans to enhance our West building lobby with a new countertop and fresh paint touch-ups.

I would also like to take a moment to acknowledge Tim Ferris, who has decided to step down from his role as Maintenance Superintendent. We are incredibly grateful for his years of dedication and hard work. In the coming weeks, he will be working closely with DeShawn, who has been promoted to Lead Maintenance Tech, to ensure a smooth transition as Tim moves into retirement.

If you see Tim in the hallway, please take the time to thank him and extend your congratulations to both Tim and DeShawn on their new chapters.

As always, I invite you to reach out if you have any questions or would like to set up a meeting. Your feedback is invaluable, and I'm here to assist you.

Thank you for your ongoing support and cooperation!



**Warm regards,
Meg**



Things You Should Know

Several of the reminders listed below were discussed at the recent town hall meeting:

- Cardboard boxes cannot be placed down the trash chute, as it will clog. Residents should break down the boxes and place them in either the laundry room (W2 and W3) or the recycling room (W1).
- Residents are responsible for cleaning out the laundry equipment (both washer and dryer) after each use.
- The lobbies in Westerly 1, 2, and 3 are for short-term visiting only.
- The Barton Center and community spaces are a shared space for the residents to utilize to visit friends, family, and neighbors. We need to be mindful and respect each other while utilizing this space and cleanup after use.
- If you see something, say something. As we are not here during evening or weekend hours, it is helpful for residents to report matters to the office to address any concerns or issues promptly.
- If someone is calling you through the callbox, stay on the phone and dial 9 to let them in the building. Hanging up and then pressing 9 does not work.
- Residents should not have foil in their drip pans; it is a safety issue.
- Please refrain from using drain cleaner in your sinks as it is destroying the pipes.
- Bulk pickup is every 1st and 3rd Wednesday of the month. Please bring items to North building lobby.



Service Coordinators' Corner

Dates to Remember:

LAKWOOD COMMUNITY SERVICE CENTER: Due to the holiday in June, the date has changed. Lakewood Community Service Center will be delivering groceries on **Thursday, June 25th between 3:00 p.m. - 4:15 p.m..** The H2O volunteers will not be here to deliver your groceries to your door and are asking all residents who receive the groceries to come to the Greenhouse to pick up their bag. If you will not be available for the delivery on that day and time or are interested in signing up for the groceries, please contact your Service Coordinator.

HOME ENERGY ASSISTANCE PROGRAM: The 2025-2026 season ended on 05/31/26. Season 2026-2027 will not start until sometime in July. Notices and flyers will be put up when it is time to reapply again. Remember if you wish to apply for HEAP, you must reapply every year and those with rental assistance are not eligible.

Case Western Reserve University Dental School has been coming to Westerly Apartments to do basic dental work for a few months. If you would like more information or you would like to schedule an appointment you can call Aeysha Kisner at 216-368-9840.

Service Coordinators' Corner

**WESTERLY SERVICE
COORDINATORS' WELCOME...**



**N I V A L I S
H E A L T H**

How to Cope with Aging

Date: 06/17/26

Time: 1:30 pm-2:30 pm

Location: Barton Center
Cafeteria

Free Raffle to Giant Eagle



Service Coordinators' Corner

Westerly Service Coordinator's Welcome.....



**CASE
WESTERN
RESERVE
UNIVERSITY**

Genetics and Your Health Lunch and Learn



Date: 06/26/26

Time: 1:00 pm-3:00 pm

Location: Barton Center
Cafeteria

Free Giant Eagle Gift Card

**Sign-up is located at the Barton
Center Transportation Desk**

Service Coordinators' Corner

Westerly Service Coordinators bring you....



Topic:

Swallowing Safety



Date: 07/09/26

Time: 11:00 am-12:00 pm

Location: Cafeteria

Light Refreshments will be served
Registration required at the Barton Center
Transportation Desk

Free Raffle to Giant
Eagle

Service Coordinators' Corner

Aging: A Natural and Beneficial Part of Life

Aging is a highly individualized experience, and age-related changes occur at different rates for different people. The functional status between individuals of the same chronological age can be surprisingly different. Research suggests that some individuals report feeling up to 20 percent younger than their chronological age.

Chronological age is based only on time, while physiological or functional age is based on the effect of medical and psychosocial stressors on a person such as having a disease or caring for a loved one. Because a person's physiological age can be estimated by functional measures, the two terms are often used interchangeably.

Aging is a Natural Process

The aging process is a very natural one. It begins at conception and continues throughout the life cycle. The way someone ages depends on heredity, physical health, nutrition, mental health, and other unknown factors. Some scientists feel that human beings have a built-in "biological clock" which would run for 130 years if no diseases or illnesses affected the body.

The need to understand the normal aging process is increasing rapidly as this nation's population grows older. Where once it was unusual for families to have three living generations, now it is not unusual for families to have four living generations. Many people experience full lives for two to four decades past 60 years of age. Unfortunately, professionals, policy makers, and families are often unprepared for or uninformed about aging.

Service Coordinators' Corner

Negative Perceptions

Many people have negative assumptions about aging, including beliefs that older people automatically become incompetent, experience depression, lose their memory, and are unable to enjoy life. Such stereotypes develop in us at a very young age and continue to influence us into our adult lives. Therefore, those nearing the age of 65 tend to become anxious about their health care, finances, and physical functioning. Negative perceptions of aging are often internalized and can even lead to serious health consequences. Examples include a greater risk of developing Alzheimer's Disease, impaired physical functioning, and even premature death. Alternatively, having positive perceptions about aging can lead to health benefits and may even add years onto one's life.

Benefits of Aging

Better Health

Studies show that in the last 50 years, the health status of older adults has improved. There is even evidence that a large percentage of those age 65 and older have the same physical and mental capabilities as those who are much younger. Eating healthy and being active are two important factors that can delay some age-related diseases and conditions, which is crucial to living a long and healthy life.

Service Coordinators' Corner

Significant Personal Growth

When life has slowed down and productivity has decreased, we look back on our lives and contemplate our accomplishments and achievements. Embracing personal growth can be achieved by lifelong learning, social engagement, enhancing cognitive, emotional, and physical well-being. By adopting a positive mindset, older adults can experience significant personal growth and happiness.

Conclusion

Aging is a natural and beneficial part of life. Perhaps the American poet Henry Wadsworth Longfellow sums up the aging experience best:

“For age is opportunity no less
Than youth itself, though in another dress,
And as the evening twilight fades away
The sky is filled with stars, invisible by day.”

