



THE BARTON CENTER

# JULY NEWSLETTER

2025



216-221-3400  
14300 DETROIT AVE.  
LAKEWOOD, OH 44107  
[WWW.BARTONCOMMUNITIES.ORG](http://WWW.BARTONCOMMUNITIES.ORG)



# BARTON CENTER CONTACTS



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**President**

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**Lead Activities Coordinator**

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**JeAnna**

**Activities Coordinator**

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**Pam**

**Activities Coordinator**

216-221-3400 ext. 4

[pschraff@bartoncommunities.org](mailto:pschraff@bartoncommunities.org)

**Barton Center offices will be closed  
on Friday, July 4 for the holiday.**

**Would you like the newsletter delivered to  
your email each month?**

**See Christina or email her at:**

**[cstover@bartoncommunities.org](mailto:cstover@bartoncommunities.org)**



# BARTON CENTER SHOPS

## The Library

Hours: Monday - Friday  
9 a.m. - 8 p.m.  
Key FOB Entry

## Salon & Barber Shop

Hours: Thursdays & Fridays  
9 a.m. - 2 p.m.  
Call: Chris Fordyce to schedule  
appointment.  
**(216) 287-6634**

## The Corner Store

Hours: Monday 10 a.m. - 12 p.m.  
Tuesday - Thursday 10 a.m. - 3 p.m.

## Book Nook

Hours: Tuesdays & Thursdays  
9:30 a.m. - 2:30 p.m.

## Hodge Podge Resale Shop

Hours: Monday 5 p.m. - 7 p.m.,  
Wednesday 9 a.m. - 2:30 p.m., &  
Thursday 6 p.m. - 8 p.m.

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## Free Hearing & Hearing Aid Checks

When: Monday, July 7  
Time: 10 a.m. - 4 p.m.

Where: Wellness Center

Call now to schedule your appointment!  
Earl Gentile - 440-333-3271



## Dr. Mark Massie Podiatrist

**When:** Thursdays  
**Time:** 9 a.m. - 3 p.m.

By appointment ONLY  
216-402-4233



# \$7 Lunch Delivery

Residents can choose from two options that will be delivered each Thursday at 11:30 a.m.

Residents are required to pre-pay for meals by 12 p.m. noon on Tuesday each week.

## Meals can be prepaid at The Corner Store.

## July 10 Menu:

Roasted herb chicken on the bone, rice pilaf, marinated cucumbers, and a snickerdoodle.

## July 17 Menu:

Chicken pot pie, Caesar side salad, freshly baked fluffy biscuit, and cranberry orange bread w/ cream cheese glaze.



## July 24 Menu:

Turkey & cheddar sandwich, crudité w/  
hummus, herbed lemon orzo, and oatmeal  
raisin cookie.

## July 31 Menu:

Teriyaki pork w/ peppers, onions, and pineapple, ramen noodle Asian slaw, steamed white rice, and fortune cookie.





# July Movie Days

Vote for your pick in the Carr Lounge. Popcorn is provided at each movie!

## Jaws (50<sup>th</sup> Anniversary)

When: Monday, July 7

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



## Love Bug vs. Herbie Rides Again

When: Monday, July 14

Where: Faulhaber Auditorium

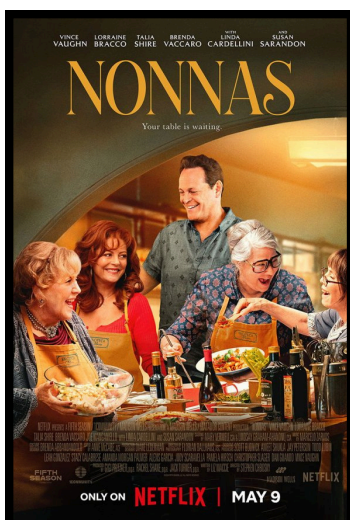
Time: 2 p.m. - 4 p.m.

## Batteries Not Included vs. E.T.

When: Monday, July 21

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



## Nonnas

When: Monday, July 28

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.

# July Crafts

## Rock Painting

When: Thursday, July 3

Where: Craft Room

Time: 1 p.m. - 3 p.m.

**We will be selling these at the Art Fair this summer!**



## Beeswax Wraps

When: Thursday, July 10

Where: Craft Room

Time: 1 p.m. - 3 p.m.

**We will be selling these at the Art Fair this summer!**



## Tie Dye Tea Towels & Potholders

When: Thursday, July 17

Where: Craft Room

Time: 1 p.m. - 3 p.m.

**We will be selling these at the Art Fair this summer!**



## Saltshaker Button Flowers

When: Thursday, July 24

Where: Craft Room

Time: 1 p.m. - 3 p.m.

**We will be selling these at the Art Fair this summer!**



## Fabric Bowls

When: Thursday, July 31

Where: Craft Room

Time: 1 p.m. - 3 p.m.

**We will be selling these at the Art Fair this summer!**



**Residents MUST pre-register for ALL crafts on the Craft Room door.  
See Barton Staff with questions!**



# July Activities

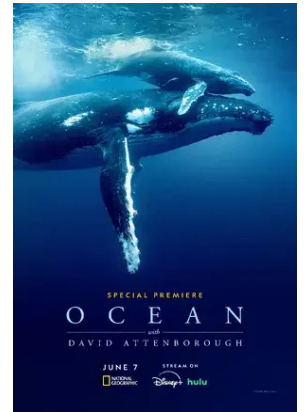
## "Ocean" Movie Showing

When: Tuesday, July 8

Time: 2 p.m. - 4 p.m.

Where: Auditorium

Join us to watch a movie about the ocean to celebrate Shark Week! Popcorn will be provided.



## Food Box Distribution - Cleveland Food Bank

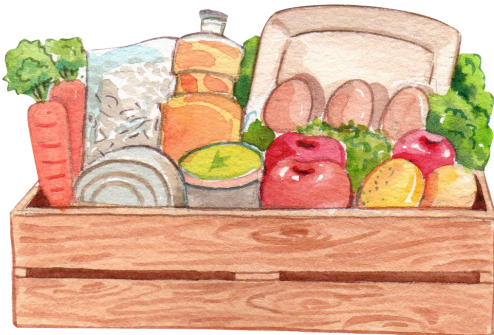
When: Friday, July 11

Where: Cafe

Time: 10 a.m. - 2 p.m.

**You must pre-register.**

**Contact:** Christina at (216) 221-3400 ext. 2



## Board Game Day

When: Tuesday, July 15

Where: Cafe

Time: 1 p.m. - 3 p.m.

Join us to play games in the Cafe among staff and friends! Bring your favorite games or play the ones provided.



## Craft Show Conversation

When: Thursday, July 17

Where: Cafe

Time: 3:30 p.m. - 4:00 p.m.

Are you interested in helping to plan a craft show? Join us in the Cafe and come share your ideas!

## July Birthdays

When: Friday, July 18

Where: Cafe

Time: 2 p.m. - 3 p.m.

Join us for cake and a fun game to celebrate all July birthdays!



# July Activities

## Cornhole Tournament

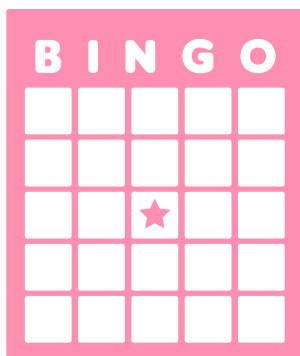
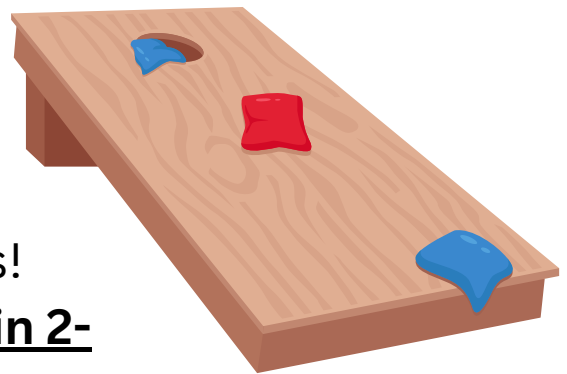
When: Wednesday, July 30

Where: Carr Lounge

Time: 11 a.m. - 1 p.m.

Join us to play cornhole with friends!

You must sign-up with Barton staff in 2-person teams. All are welcome!



## Prize Bingo

When: Wednesdays, July 2 & 16

Time: 4 p.m. - 5 p.m.

Where: Cafe

Come join friends and win fun prizes!

## M2B2 Band Rehearsals

When: Thursdays, July 10 & 24

Where: Faulhaber Auditorium

Time: 7 p.m. - 9 p.m.

All are welcome!



## "Only Murders in the Building" Showing

When: Every Friday

Where: Auditorium

Time: 1:30 p.m. - 2:30 p.m.

Join us in the Auditorium to watch a new show, following three strangers sharing an obsession with true crime who suddenly find themselves wrapped up in one. Starring Steve Martin, Martin Short, and Selena Gomez.



# NATURE PAM LUNCH AND LEARN

## SLEEPING BEAR DUNES

TUESDAY, JULY 22  
12:00 – 1:00 P.M.  
IN THE CAFE

SIGN UP WITH BARTON CENTER BY  
FRIDAY, JULY 18



Sponsored by  
Foundations Health  
Solutions



# Food for the Soul



**Thursdays, July 3, 10, 17, & 31**  
**1:30 p.m. - 2:30 p.m.**  
**Cafe**

**This program will run on  
Thursdays until October.**

**Food for the Soul is an hour of music and  
discussion, connecting you to your  
neighbors, to music, to our shared  
history, and life experiences.**

**Come share in the beat, sing along to the  
tune, and be part of the experience. Join  
us in this celebration of music,  
community, and shared stories—you  
belong here.**



*This program is brought to you by Roots of  
American Music  
through a grant from the Cleveland  
Foundation*







# Are you concerned about falling?



## Take steps to make falls less likely — Participate in A Matter of Balance!



**1 Sign up for A Matter of Balance:** This nationally-recognized program reduces the fear of falling and increases activity levels.



**2 Get some exercise:** Lack of exercise weakens legs, which increases the chance of falling. Exercises like Tai Chi increase strength and improve balance, making falls less likely.



**3 Be mindful of medications:** Some medications, or combinations of medicines, can have side effects like dizziness or drowsiness. This can make falls more likely. Have a doctor or pharmacist review all your medications to reduce risky side effects.



**4 Keep your vision sharp:** Poor vision makes it harder to get around safely. Have your eyes checked yearly and wear glasses or contact lenses with the right prescription strength.



**5 Remove hazards at home:** About half of all falls happen at home. A home safety check helps identify hazards, like clutter & poor lighting, that should be removed or changed.

### **SIGN UP TODAY!**

#### **In person Matter of Balance Workshop at**

**The Westerly Apartments, 14300  
Detroit Avenue, Lakewood, OH  
44107**

**call (216) 816-9124 to register or  
sign up in Barton Center  
8/6—9/24, Wednesdays, 1-3pm  
2 hours a session, 8 sessions**



12200 Fairhill Road, Cleveland OH 44120  
(216) 421-1350 • [programs@fairhillpartners.org](mailto:programs@fairhillpartners.org)  
[www.fairhillpartners.org](http://www.fairhillpartners.org)



**Western Reserve**  
Area Agency on Aging



**ENCORE  
Cleveland**  
Define your next chapter

A Matter of Balance was developed by Boston University and is licensed by MaineHealth. **This program is made possible in part by an Older Americans Act Grant from Ohio Department of Aging through Western Reserve Area Agency on Aging, The Cleveland Foundation Encore Cleveland Initiative, volunteers, and gifts to the Fairhill Partners Annual Fund.**

# Center Member Group Activities

## Coffee With Friends



When: Every Saturday

Time: 9 a.m. - 12 p.m.

Where: Cafe

Enjoy some coffee and get to  
know someone new!

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## Wednesday Morning Coffee

When: Every Wednesday

Where: Cafe

Time: 8:30 a.m. - 10 a.m.

To be greener, we encourage residents to bring  
their own mugs for coffee.





# Book Club

When: Wednesday, July 2

Time: 1 p.m. - 2 p.m.

Where: Craft Room

We are discussing *The Silent Patient* and will be given *The Seven Husbands of Evelyn Hugo* for next month.



## Lakewood Public Library: Homebound Service



When: Every Tuesday

Call LPL Customer Service Desk by 6 p.m. the Saturday before your delivery date at: (216) 226-8275 ext. 110.

Library representative available to receive books to be returned at this time in the Cafe area.



# Open Craft Room Hours

When: Every Monday

Where: Craft Room

Time: 9 a.m. - 12 p.m.

Come hang out and work on  
your crafts!



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## Stories On Paper

When: Wednesdays,  
July 9 & 30

Time: 10 a.m. - 12 p.m.

Where: Faulhaber Auditorium

Participants are given a creative prompt to write a short story on their own time that can be shared with the group at the next class. Come get creative with us!





# Friday Trivia

When: Friday, July 25

Time: 2 p.m. - 3 p.m.

Where: Cafe



## Beginner's Spanish Class

When: Every Tuesday

Time: 3 p.m. - 4 p.m.

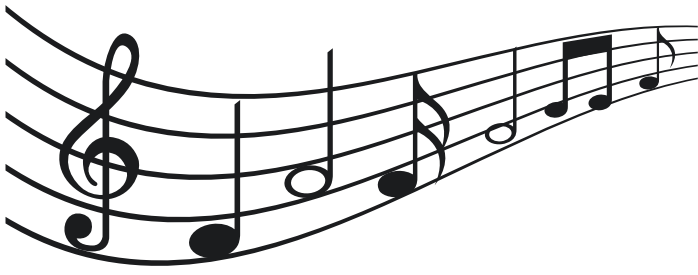
Where: Cafe

Join Irene & Esteban to learn beginner's Spanish! It is recommended that you attend weekly and bring a notebook and writing utensil to this class.



¡HOLA!





## Janis & Peter

When: Thursdays,  
July 3 & 17

Time: 7 p.m. - 8:30 p.m.

Where: Brosky Commons

This duo performs light classical music. Janis plays the piano and Peter plays the violin.

All are welcome!



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## Janis & Tony

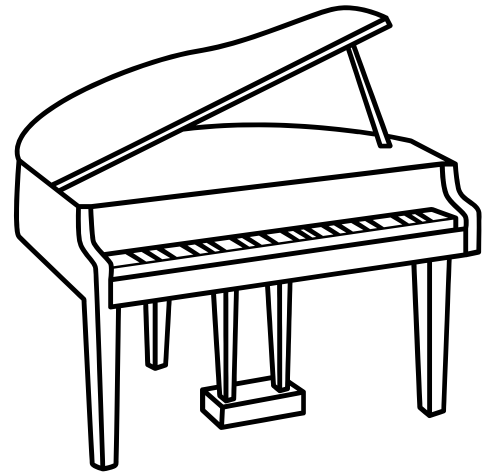
When: Sundays,  
July 13 & 27

Time: 6:30 p.m. - 8 p.m.

Where: Brosky Commons

This duo performs 40's and 50's music.

Janis plays the piano, and Tony sings standards and show tunes. All are welcome!





# Creative Therapy Activities

## Music & Memories Class

When: Every Thursday  
Time: 2:30 p.m. - 3:30 p.m.  
Where: Community Room  
with Gavin



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## Art Therapy

When: Monday, July 7  
When: Tuesdays, July 15, 22, & 29  
Time: 4 p.m. - 5:30 p.m.  
Where: Craft Room



# Religion & Worship

## Activities



### Rosary Services

When: Every Tuesday

Time: 7 p.m. - 8 p.m.

Where: Community Room  
with Ms. Tyburski

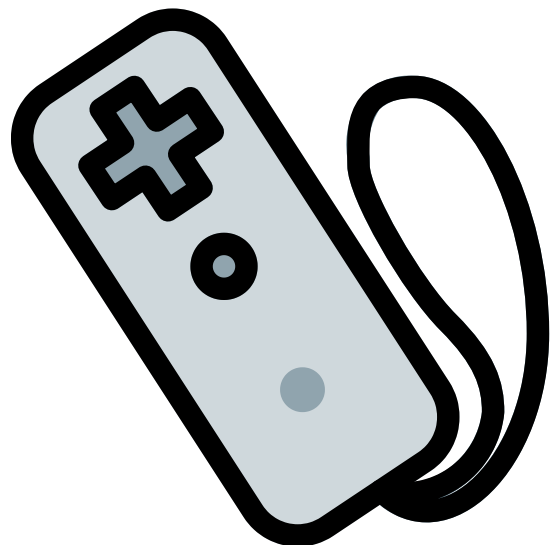
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### Wii Bowling

When: Every Wednesday

Time: 2 p.m. - 3 p.m.

Where: Cafe





# Health & Wellness

## Activities



### Balance Class

When: Every Monday

Time: 11 a.m. - 11:45 a.m.

Where: Community Room

This class is designed to improve balance and lower body strength for older adults through chair exercise. **We will focus on stability and strength exercises as well as fall prevention techniques.**

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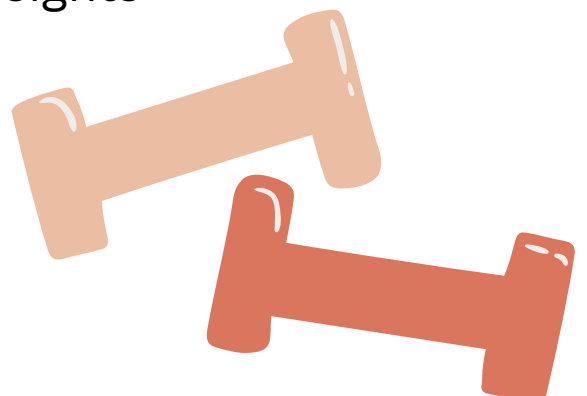
### Movement & Lightweights Class

When: Every Tuesday

Time: 11 a.m. - 11:30 a.m.

Where: Community Room

Participants will be given 1 lb or 2 lb weights in this seated class.

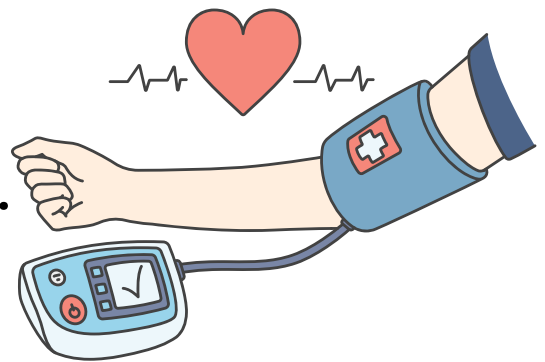


# Barton Center

## Wellness Corner

### Neighborhood Paramedic Blood Pressure and Glucose Checks with Oliver Harper

When: Thursday, July 17  
Time: 10:30 a.m. - 11:30 a.m.  
Where: Cafe



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## Fitness Center

OPEN 24 HOURS

Please see the Westerly Office, room 110, to sign a waiver and activate your fob. **A waiver must be completed prior to using the Fitness Center.**





# **Barton Center**

## **Transportation Services**



**(216) 221-4282**

**COST: \$2 one-way \$4 roundtrip**

**Monday - Friday 9 a.m. - 11:15 a.m.**

**1 p.m. - 3:15 p.m.**

**Must book in ADVANCE**

**Westgate Trip:**  
**Wednesday, July 9**

**Must be able to get in and out of the car independently. The Barton Center is not responsible for any **lost, stolen or damaged items.****

**You must be on time for your ride, or the car will leave without you!!**

**Barton transportation reserves the right to refuse rides based on resident behavior.**

Westerly Service Coordinators Bring You:

# **ALAN RITVO, RIVERVIEW MARTIAL ARTS**

**Join us in learning self-defense  
awareness, prevention and basic  
self-defense strategies**

**Date: Wednesday, July 16<sup>th</sup>, 2025**

**Time: 1:30pm-2:30 pm**

**Location: Carr Lounge**

**Free Raffle to Giant Eagle**





**DATE: 07/25/25**

**TIME: 12:00pm-1:00pm**

**LOCATION: Barton  
Center Dining Room**

**Raffle to Giant  
Eagle**

**O'Neill  
Healthcare**

**WHICH ONE IS RIGHT  
FOR YOU?  
INDEPENDENT LIVING,  
ASSISTED LIVING, OR  
NURSING HOME**

Enjoy a complimentary lunch while gaining valuable insights from O'Neill Healthcare's, Anne Murphy to recognize what kind of environment is right for you

**YOU MUST REGISTER IN ADVANCE: Sign-up sheets located at the Transportation Desk. Contact your Service Coordinator with Questions!**