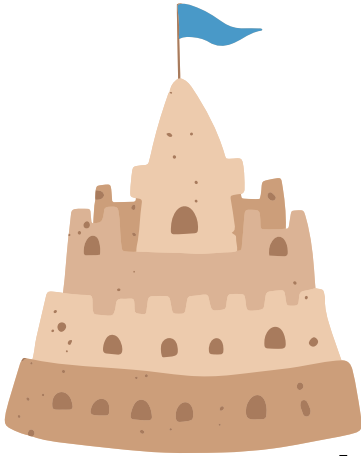


THE BARTON CENTER

JUNE NEWSLETTER

2025

BARTON CENTER CONTACTS



Allison

President

216-221-3400 ext. 1

aurbanek@bartoncommunities.org

Christina

Lead Activities Coordinator

216-221-3400 ext. 2

cstover@bartoncommunities.org



JeAnna

Activities Coordinator

216-221-3400 ext. 3

jmarbury@bartoncommunities.org

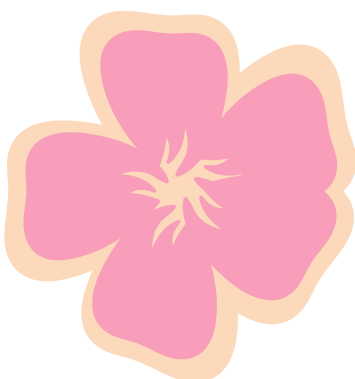
Pam

Activities Coordinator

216-221-3400 ext. 4

pschraff@bartoncommunities.org

**Barton Center offices will be closed
on Thursday, June 19 for the holiday.**



**Would you like the newsletter delivered to
your email each month?**

See Christina or email her at:

cstover@bartoncommunities.org

BARTON CENTER SHOPS

The Library

Hours: Monday - Friday
9 a.m. - 8 p.m.
Key FOB Entry

Salon & Barber Shop

Hours: Thursdays & Fridays
9 a.m. - 2 p.m.
Call: Chris Fordyce to schedule
appointment.
(216) 287-6634

The Corner Store

Hours: Monday 10 a.m. - 12 p.m.
Tuesday - Thursday 10 a.m. - 3 p.m.

Book Nook

Hours: Tuesdays & Thursdays
9:30 a.m. - 2:30 p.m.

Hodge Podge Resale Shop

Hours: Monday 5 p.m. - 7 p.m.,
Wednesday 9 a.m. - 2:30 p.m., &
Thursday 6 p.m. - 8 p.m.

Free Hearing & Hearing Aid Checks

When: Monday, June 2
Time: 10 a.m. - 4 p.m.
Where: Wellness Center
Call now to schedule your appointment!
Earl Gentile - 440-333-3271



Dr. Mark Massie Podiatrist

When: Thursdays
Time: 9 a.m. - 3 p.m.

By appointment ONLY
216-402-4233



June Movie Days

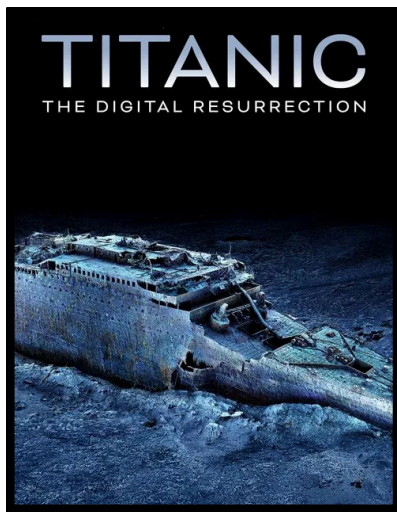
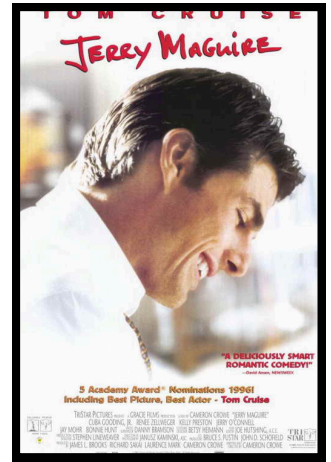
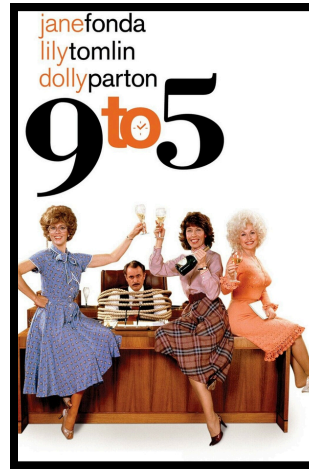
Vote for your pick in the Carr Lounge. Popcorn is provided at each movie!

9 to 5 vs. Jerry Maguire

When: Monday, June 2

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



Titanic: The Digital Resurrection

When: Monday, June 9

Where: Faulhaber Auditorium

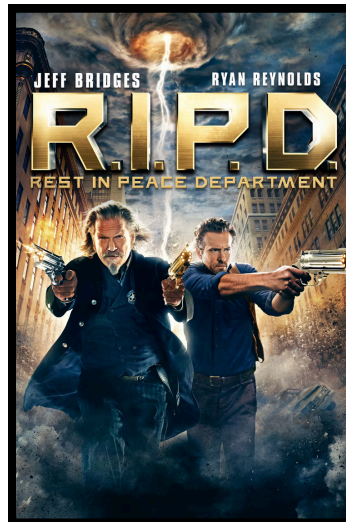
Time: 2 p.m. - 4 p.m.

R.I.P.D. vs. Ghostbusters

When: Monday, June 16

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.

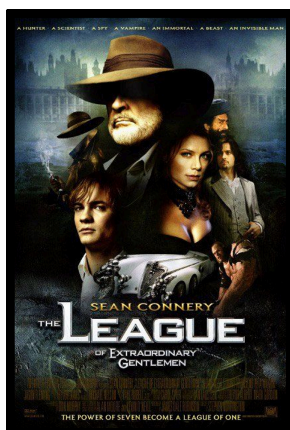
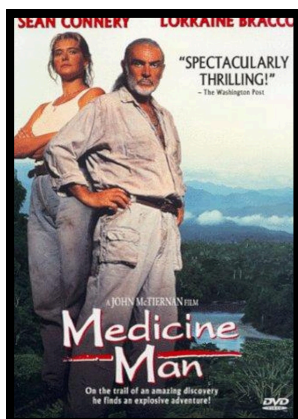


Medicine Man vs. The League of Extraordinary Gentlemen

When: Monday, June 23

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



June Crafts

Jenga Block Painting

When: Thursday, June 5

Where: Craft Room

Time: 1 p.m. - 3 p.m.

We will be selling sets of these at the Art Fair this summer!



Flower Jar Lids

When: Thursday, June 12

Where: Craft Room

Time: 1 p.m. - 3 p.m.



Stained Glass Painted Frames

When: Thursday, June 26

Where: Craft Room

Time: 1 p.m. - 3 p.m.



NO craft on 6/19 due to the holiday.

**Residents MUST pre-register for ALL crafts on the Craft Room door.
See Barton Staff with questions!**

June Activities

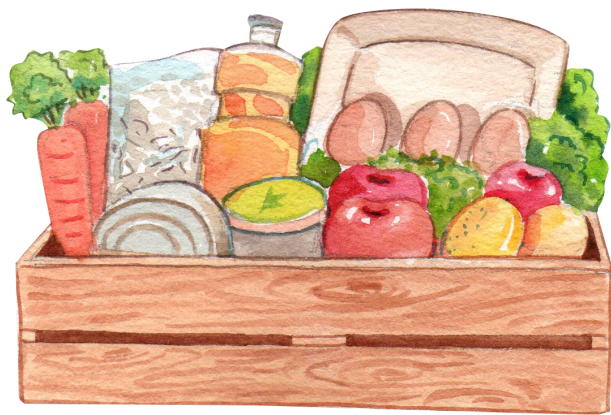
Tech Help & Wi-Fi Concierge

When: Thursday, June 5

Time: 2 p.m. - 4 p.m.

Where: Cafe

Have any questions about your phone or computer? **Sign-up with Barton staff to get some tech help!** Appointments are 20 minutes.



Food Box Distribution - Cleveland Food Bank

When: Friday, June 13

Where: Cafe

Time: 10 a.m. - 2 p.m.

You must pre-register.

Contact: Christina at (216) 221-3400 ext. 2

Fall Prevention & Balance Lunch & Learn

When: Monday, June 16

Where: Cafe

Time: 12 p.m. - 1 p.m.

Join us for a presentation from the O'Neill Healthcare Therapy team.

Must sign-up with Barton staff by Thursday, June 12.



Town Hall Meeting w/ Rep. Rader & Sen. Antonio

When: Monday, June 16

Where: Auditorium

Time: 1 p.m. - 2 p.m.

Join us for a special town hall with Rep. Tristan Rader and Sen. Nickie Antonio.

June Activities

June Birthdays & Guess the Resident Game

When: Friday, June 20

Time: 2 p.m. - 3 p.m.

Where: Cafe

Join us for cake and a new game! For those who want to participate, find a photo of yourself at any younger age, write your name on the back, and **give it to Barton staff on or by June 20**. During the party, we will have everyone try to guess whose picture is which resident.



Summer Party & Ice Cream Social

When: Tuesday, June 24

Where: Cafe

Time: 12:30 p.m. - 2 p.m. & 3 p.m. - 5 p.m.

Join us for a party with lunch, refreshments, games, fun, and stay for ice cream!

Must sign-up with Barton staff!

Craft Show Conversation

When: Thursday, June 26

Where: Cafe

Time: 3:30 p.m. - 4:15 p.m.

Are you interested in helping to plan a craft show? Join us in the Cafe and come share your ideas!



Walking Club

When: Mondays, June 2 & 23

Where: Meet in the Cafe

Time: 1 p.m. - 2 p.m.

Meet us in the Cafe to walk around Lakewood for an hour with rest stops, weather permitting.

June Activities

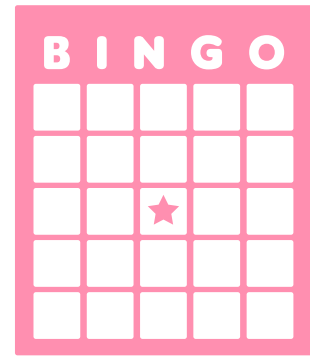
Prize Bingo

When: Wednesdays, June 4 & 18

Time: 4 p.m. - 5 p.m.

Where: Cafe

Come join friends and win fun prizes!



M2B2 Band Rehearsals

When: Thursdays, June 5 & 19

Where: Faulhaber Auditorium

Time: 7 p.m. - 9 p.m.

All are welcome!

“Man on the Inside” Showing

When: Every Friday;

Last episode showing on June 20

Where: Auditorium

Time: 1:30 p.m.

Join us in the Auditorium to watch the TV show *Man on the Inside*, which follows a private investigator as a mole in a nursing home.

Starring Ted Danson.



“Only Murders in the Building” Showing

When: Every Friday;
Starting June 27

Where: Auditorium

Time: 1:30 p.m.

Join us in the Auditorium to watch a new show, following three strangers sharing an obsession with true crime who suddenly find themselves wrapped up in one. Starring Steve Martin, Martin Short, and Selena Gomez.



Food for the Soul



**Thursday, June 5
1:30 p.m. - 2:30 p.m.
Cafe**

**This program will run on
Thursdays until October.**

**Food for the Soul is an hour of music and
discussion, connecting you to your
neighbors, to music, to our shared
history, and life experiences.**

**Come share in the beat, sing along to the
tune, and be part of the experience. Join
us in this celebration of music,
community, and shared stories—you
belong here.**



*This program is brought to you by Roots of
American Music
through a grant from the Cleveland
Foundation*





Lakewood Library Quarterly Visit

When: Thursday, June 12

Time: 9 a.m. - 12 p.m.

Where: Carr Lounge

This visit will include searching for unclaimed funds. An appointment is **REQUIRED**. Sign-up with Barton staff to reserve your 15-minute spot.

You can also check out books, sign-up for a library card, and ask any questions you have. There will be another raffle basket, library swag, and candy!





Are you concerned about falling?



Take steps to make falls less likely — Participate in A Matter of Balance!



1 Sign up for A Matter of Balance: This nationally-recognized program reduces the fear of falling and increases activity levels.



2 Get some exercise: Lack of exercise weakens legs, which increases the chance of falling. Exercises like Tai Chi increase strength and improve balance, making falls less likely.



3 Be mindful of medications: Some medications, or combinations of medicines, can have side effects like dizziness or drowsiness. This can make falls more likely. Have a doctor or pharmacist review all your medications to reduce risky side effects.



4 Keep your vision sharp: Poor vision makes it harder to get around safely. Have your eyes checked yearly and wear glasses or contact lenses with the right prescription strength.



5 Remove hazards at home: About half of all falls happen at home. A home safety check helps identify hazards, like clutter & poor lighting, that should be removed or changed.

SIGN UP TODAY!

In person Matter of Balance Workshop at

**The Westerly Apartments, 14300
Detroit Avenue, Lakewood, OH
44107**

**call (216) 816-9124 to register or
sign up in Barton Center
8/6—9/24, Wednesdays, 1-3pm
2 hours a session, 8 sessions**



12200 Fairhill Road, Cleveland OH 44120
(216) 421-1350 • programs@fairhillpartners.org
www.fairhillpartners.org



Western Reserve
Area Agency on Aging



**ENCORE
Cleveland**
Define your next chapter

A Matter of Balance was developed by Boston University and is licensed by MaineHealth. **This program is made possible in part by an Older Americans Act Grant from Ohio Department of Aging through Western Reserve Area Agency on Aging, The Cleveland Foundation Encore Cleveland Initiative, volunteers, and gifts to the Fairhill Partners Annual Fund.**

Center Member Group Activities

Coffee With Friends



When: Every Saturday

Time: 10 a.m. - 12 p.m.

Where: Cafe

Enjoy some coffee and get to
know someone new!

Wednesday Morning Coffee

When: Every Wednesday

Where: Cafe

Time: 8:30 a.m. - 10 a.m.

To be greener, we encourage residents to bring
their own mugs for coffee.



Book Club

When: Wednesday, June 4

Time: 1 p.m. - 2 p.m.

Where: Craft Room

We are discussing *Carrie Soto is Back* and will be given *The Silent Patient* for next month.



Lakewood Public Library: Homebound Service



When: Every Tuesday

Call LPL Customer Service Desk by 6 p.m. the Saturday before your delivery date at: (216) 226-8275 ext. 110.

Library representative available to receive books to be returned at this time in the Cafe area.



Open Craft Room Hours

When: Every Monday

Where: Craft Room

Time: 9 a.m. - 12 p.m.

Come hang out and work on
your crafts!



Stories On Paper

When: Wednesdays,
June 11 & 25

Time: 10 a.m. - 12 p.m.

Where: Faulhaber Auditorium

Participants are given a creative prompt to write a short story on their own time that can be shared with the group at the next class. Come get creative with us!



Friday Trivia

When: Friday, June 27

Time: 2 p.m. - 3 p.m.

Where: Cafe



Beginner's Spanish Class

When: Every Tuesday

Time: 3 p.m. - 4 p.m.

Where: Cafe

Join Irene & Esteban to learn beginner's Spanish! It is recommended that you attend weekly and bring a notebook and writing utensil to this class.



¡HOLA!



Karaoke

When: Saturdays, June 7 & 21

Time: 6:30 p.m. - 8 p.m.

Where: Cafe

with Ron & Lilie Walden

Karaoke will be taking a summer break and resume in September.



Janis & Tony

When: Sundays,

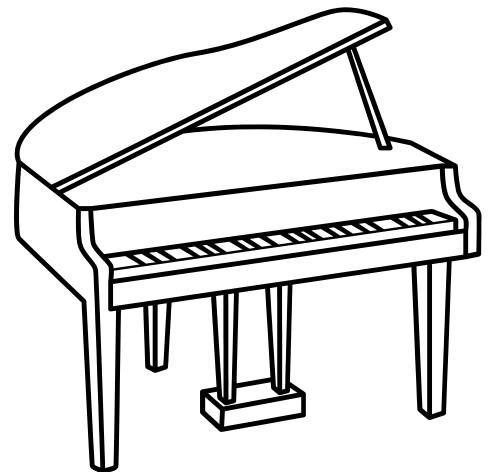
June 8 & 22

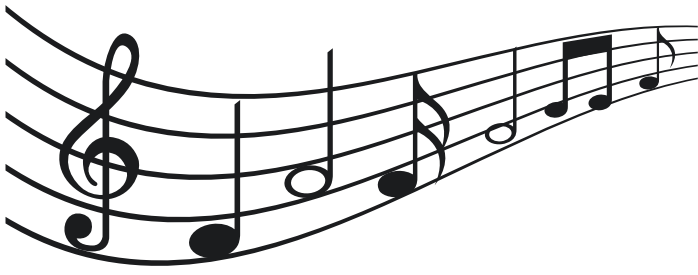
Time: 6:30 p.m. - 8 p.m.

Where: Brosky Commons

This duo performs 40's and 50's music.

Janis plays the piano, and Tony sings standards and show tunes. All are welcome!





Janis & Peter

When: Thursdays,
June 12 & 26

Time: 7 p.m. - 8:30 p.m.

Where: Brosky Commons

This duo performs light classical music. Janis
plays the piano and Peter plays the violin.

All are welcome!

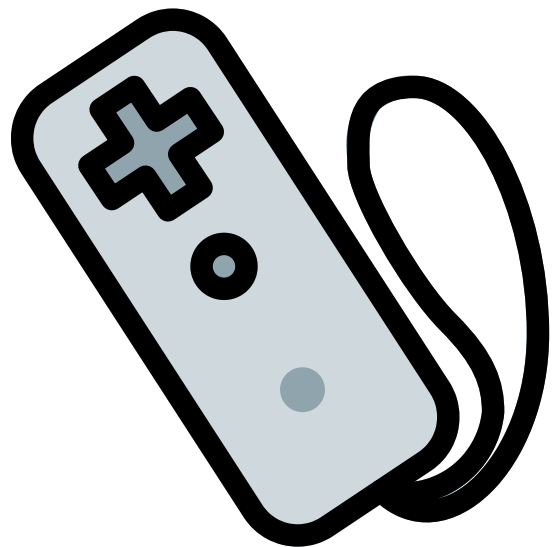


Wii Bowling

When: Every Wednesday

Time: 2 p.m. - 3 p.m.

Where: Cafe



Creative Therapy Activities

Music & Memories Class

When: Every Thursday
Time: 2:30 p.m. - 3:30 p.m.

Where: Community Room

with Gavin

NO CLASS ON 6/19.



Art Therapy

When: Every Monday

Time: 4 p.m. - 5:30 p.m.

Where: Craft Room

with Mary



Religion & Worship

Activities



Rosary Services

When: Every Tuesday

Time: 7 p.m. - 8 p.m.

Where: Community Room
with Ms. Tyburski

Bible Study

When: Wednesdays, June 11 & 25

Time: 11 a.m. - 12:30 p.m.

Where: Community Room
with Ron & Lilie Walden

Bible Study will be taking a summer
break and will resume in September.



Health & Wellness

Activities



Balance Class

When: Every Monday

Time: 11 a.m. - 11:45 a.m.

Where: Community Room

This class is designed to improve balance and lower body strength for older adults through chair exercise. **We will focus on stability and strength exercises as well as fall prevention techniques.**

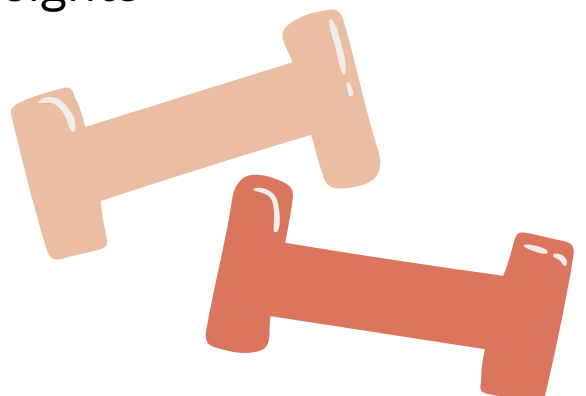
Movement & Lightweights Class

When: Every Tuesday

Time: 11 a.m. - 11:30 a.m.

Where: Community Room

Participants will be given 1 lb or 2 lb weights in this seated class.

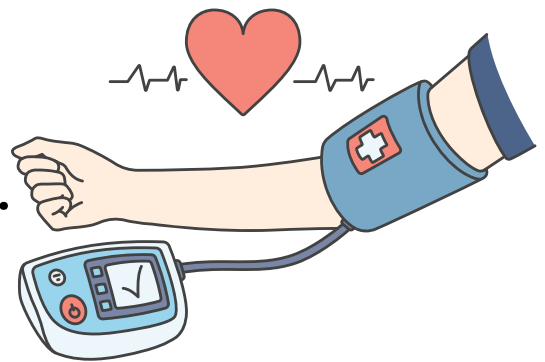


Barton Center

Wellness Corner

Neighborhood Paramedic Blood Pressure and Glucose Checks with Oliver Harper

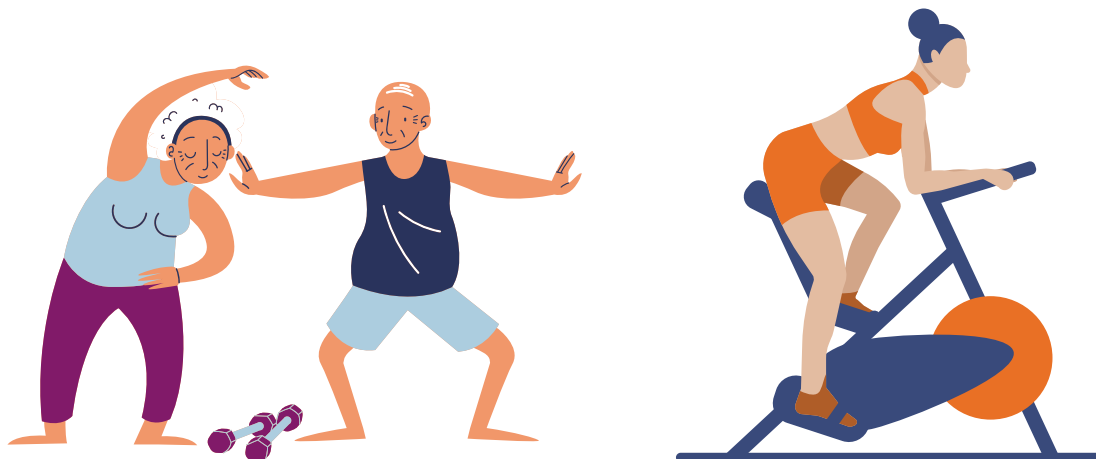
When: Thursday, June 12
Time: 10:30 a.m. - 11:30 a.m.
Where: Cafe



Fitness Center

OPEN 24 HOURS

Please see the Westerly Office, room 110, to sign a waiver and activate your fob. **A waiver must be completed prior to using the Fitness Center.**



Barton Center

Transportation Services



(216) 221-4282

COST: \$2 one-way \$4 roundtrip

Monday - Friday 9 a.m. - 11:15 a.m.

1 p.m. - 3:15 p.m.

Must book in ADVANCE

Westgate Trip:
Wednesday, July 9

Must be able to get in and out of the car independently. The Barton Center is not responsible for any **lost, stolen or damaged items.**

You must be on time for your ride, or the car will leave without you!!

Barton transportation reserves the right to refuse rides based on resident behavior.

Westerly Service Coordinators Bring you:

Playing it Safe: Learn the Latest Information about
Scams through SCAMO-
a BINGO based scam education game



Cuyahoga County
Consumer Affairs

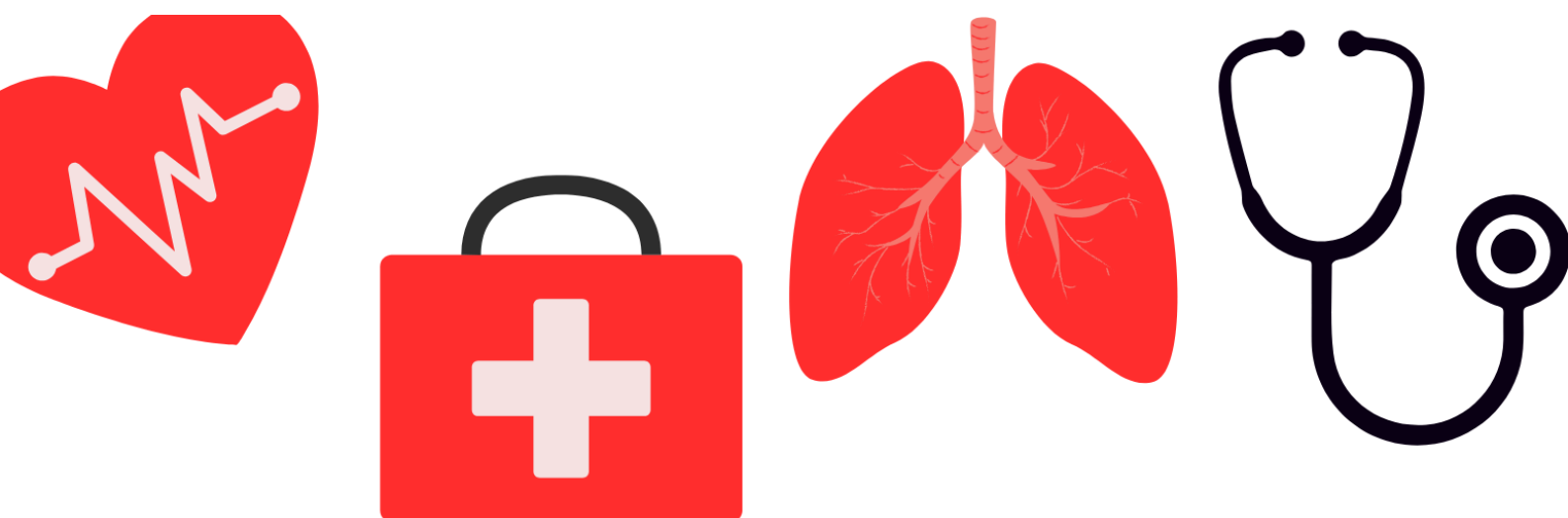
Presenter: Drew Thomas

Date: Thursday, June 12

Location: Cafe

Time: 1:30 p.m. - 2:30 p.m.

Free Raffle for Giant Eagle Gift Card



WESTERLY SERVICE COORDINATORS BRING YOU:

OAKSTREET HEALTH

**All You Need to Know about
COPD and Prevention**

DATE: JUNE 27TH 2025

TIME: 1:30-2:30 PM

LOCATION: CARR LOUNGE

**RAFFLE TO GIANT
EAGLE**