

THE BARTON CENTER

**JULY
NEWSLETTER**

2024



BARTON
COMMUNITIES
ACTIVITY CENTER

**216-221-3400
14300 DETROIT AVE.
LAKEWOOD, OH 44107**

WWW.BARTONCOMMUNITIES.ORG

BARTON CENTER CONTACTS



Allison

Executive Director

216-521-7260 ext. 128



Christina

Lead Activities Coordinator

216-221-3400 ext. 136

Annie

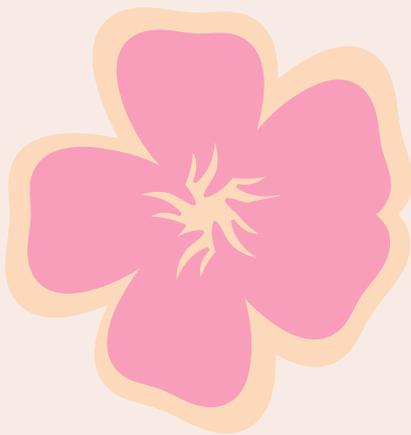
Floating Activities Coordinator

216-221-3400 ext. 134

Alex

Activities Coordinator

216-221-3400 ext. 132



Barton Center offices
will be CLOSED on
Thursday, July 4 and
Friday, July 5.



**Would you like the newsletter delivered to
your email each month?**

See Christina or email her at:

cstover@bartoncommunities.org!



BARTON CENTER SHOPS

The Library

Hours: Monday - Friday
9 a.m. - 8 p.m.
Key FOB Entry

Book Sign-Out Steps

1. Sign author card with name/date/apt # (non-residents) please include phone number.
2. Put 1st card in box on desk. Due Date: 2nd card, keep in book. PLEASE



Salon & Barber Shop

Hours: Thursdays & Fridays
9 a.m. - 2 p.m.
Call: Chris Fordyce to schedule appointment.
(216) 287-6634

The Corner Store

Hours: Monday 10 a.m. - 12 p.m.
Tuesday - Thursday 10 a.m. - 3 p.m.

Hodge Podge Resale Shop

Hours: Monday 10 a.m. - 12 p.m.
& Wednesday 9 a.m. - 2:30 p.m.

Book Nook

Hours: Tuesday & Thursday
9:30 a.m. - 2:30 p.m.
A wide selection of gently used
and new books!



July Movie Days

Vote for your pick in the Carr Lounge.
Popcorn is provided at each movie!

Independence Day vs. National Treasure

When: Monday, July 1

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



Footloose vs. Dirty Dancing

When: Monday, July 8

Where: Faulhaber Auditorium

Time: 11 a.m. - 3 p.m.

Tombstone vs. The Magnificent Seven

When: Monday, July 15

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



14 Peaks vs. Race to the Summit

When: Monday, July 22

Where: Faulhaber Auditorium

Time: 11 a.m. - 3 p.m.

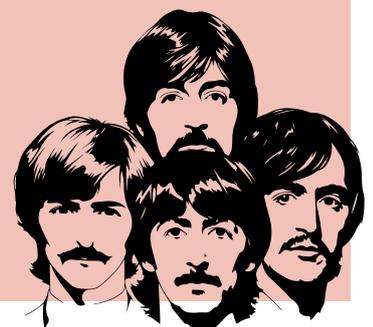


The Beach Boys vs. Let it Be

When: Monday, July 29

Where: Faulhaber Auditorium

Time: 2 p.m. - 4 p.m.



July Crafts

Beach Glass Craft w/ Michaelle

When: Thursday, July 11

Where: Craft Room

Time: 1 p.m. - 3 p.m.



Mosaic Tile Suncatchers

When: Thursday, July 18

Where: Craft Room

Time: 1 p.m. - 3 p.m.

Dried Flower Crafts

When: Thursday, July 25

Where: Craft Room

Time: 1 p.m. - 3 p.m.



For the crafts on the 18 & 25, we kindly ask that residents donate their creations back to Barton Center so we can sell them at the Lakewood Arts Festival in August all proceeds will benefit Barton Center.

**Residents MUST pre-register for ALL crafts on the Craft Room door.
See Barton Staff with questions!**

July Activities

Prize Bingo

will be on Wednesday, July 3 & July 31 at 1 p.m. - 2 p.m. and take place in the Cafe. Come join friends to win fun prizes!



Food Bank Distribution - Cleveland



Food Bank

When: Friday, July 12

Where: Cafe

Time: 10 a.m. - 2 p.m.

You must pre-register

Contact: Christina at (216) 221-3400 ext. 136

July Birthdays & Jeopardy

will be celebrated on Friday, July 12, in the Cafe from 3 p.m. - 4 p.m. Cake will be provided!



Ask a Banker - First Federal Lakewood

When: Monday, July 15

Where: Cafe

Time: 1 p.m. - 2:30 p.m.

Join us in the Cafe to ask a banker any and all financial questions you may have!



July Activities

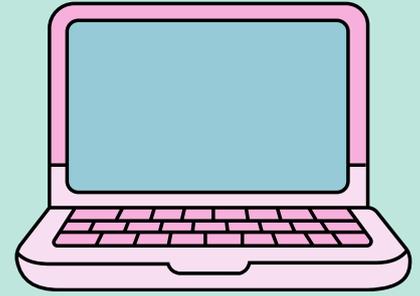
PC's for People

When: Wednesday, July 17

Time: 10 a.m. - 2 p.m.

Where: Cafe

Representatives will be in the cafeteria to answer any internet questions.



Identity Theft Presentation

When: Wednesday, July 17

Where: Cafe

Time: 1 p.m. - 2:30 p.m.

Join us for a presentation from First Federal Lakewood about preventing Identity Theft.



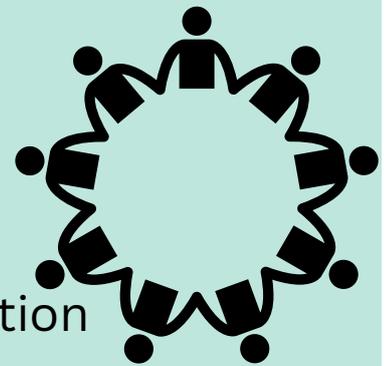
City Council Listening Meeting

When: Wednesday, July 17

Where: Auditorium

Time: 6 p.m. - 7 p.m.

This is a town-hall style community conversation with City Councilwoman Cindy Strebog.



Bleach Tie Dye Craft

When: Wednesday, July 24

Where: Craft Room or Community Room

Time: 1 p.m. - 3 p.m.

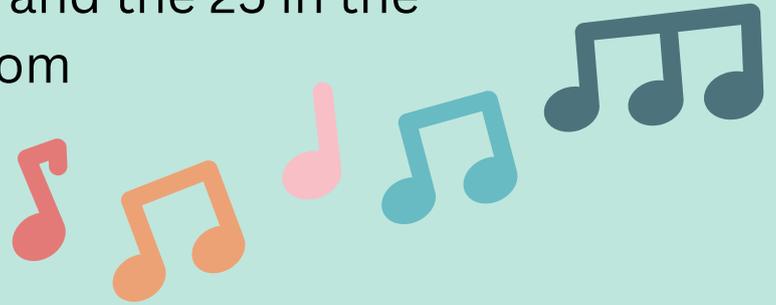
We kindly ask that residents donate their creations back to Barton Center so we can sell them at the Lakewood Arts Festival in August.



Additional July Events

M2B2 Band Rehearsals

are on Thursday, July 11 and the 25 in the
Faulhaber Auditorium from
7 p.m. - 9 p.m.
All are welcomed!



Beginner's Spanish Class

When: Every Tuesday

Time: 3 p.m. - 4 p.m.

Where: Community Room

Join Irene to learn beginner's Spanish! It is recommended that you attend weekly and bring a notebook and writing utensil to this class.

Must pre-register with the Barton Center!

¡HOLA!

H2O Volunteers

When: Thursday, July 18

Time: 10:15 a.m. - 12 p.m.

Where: Cafe

Various aged volunteers will be here to help weed garden plots, color, play games, and eat lunch with our residents!

All are welcome!





Free Hearing & Hearing Aid Checks

When: Monday, July 1

Time: 10 a.m. - 4 p.m.

Where: Wellness Center

Call now to schedule your appointment!

Earl Gentile - 440-333-3271

Save the Date: D's Accessories

Pop-Up Shop at Barton

When: Thursday, August 8

Time: 12 p.m. - 2 p.m.

Where: Carr Lounge

D's Accessories will be bringing jewelry and accessories to Barton Center at affordable prices. Join us in the Carr lounge to check out her beautiful pieces!





YOU'RE INVITED



to À La Cart, a series of live cooking demos

WHEN & WHERE

Tues. July 9th @ 2pm
Cove Community Center
12525 Lake Avenue

FEATURING

Ruth Kostadinov
Chef & Owner of Gingham
Market by Gatherings Kitchen



**We have 10 tickets to this event.
Please sign up with the Barton
Center staff BY Wednesday, July 3.
It is on a first-come-first serve basis!**



Friday, July 12
3 p.m. - 5 p.m.
Craft Room

Manicures \$22
Manicures w/gel polish \$27
Manicures w/gel soak off & gel polish \$30



**Please see Barton Center
to sign up for your 30-
minute time slot!**

BARTON CENTER PRESENTS

STUDIO 143



ADMISSION: \$5

**SNACKS AND REFRESHMENTS
WILL BE PROVIDED. THERE WILL
BE TRIVIA AND COSTUME
CONTESTS. AND LOTS OF FUN
MUSIC TO BE HEARD!**

**STOP BY THE BARTON CENTER
OFFICES TO PURCHASE YOUR TICKET
BY MONDAY, JULY 15.**

**WHEN: THURSDAY, JULY 18
TIME: 5-8 P.M.
WHERE: COURTYARD AND
GREENHOUSE AREA**

We Can Help



You MUST sign up in advanced. See Barton Staff to sign up for a 15-minute slot.

Sign Up to receive Free One-on-One Tech Support with IConnect

Date: Tuesday, July 29

Time: 2 p.m. - 4 p.m.

Where: Cafe

- Questions on your new device?
- Need help downloading games or apps?
- Want to know how to check or send email?
- Want to watch a movie on your tablet?
- Questions on saving pictures?
- Trouble with storage?



Community Member Group Activities

Coffee With Friends

Saturday coffee is taking a summer break. It will start back up again on July 20.



Stories On Paper

When: Wednesdays,
July 10 & 24

Time: 10 a.m. - 12 p.m.

Where: Faulhaber Auditorium

Participants are given a creative prompt to write a short story that can be shared with the group. Come write and chat with us!



Lunch & Chat

When: Every Thursday

Time: 11:30 a.m. - 1 p.m.

Where: Cafe

Bring your own lunch and get
to know someone new!

CANCELLED ON JULY 4.



Book Project

When: Every Thursday

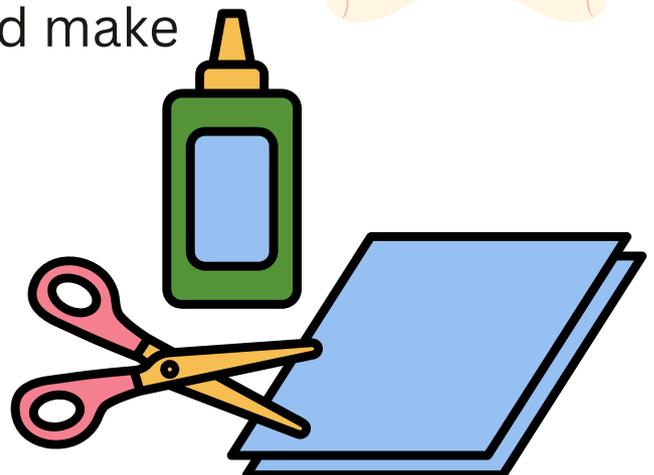
Time: 9 a.m. - 11 a.m.

Where: Craft Room

Repurpose greeting cards and make
picture books for children.

All materials are provided!

CANCELLED ON JULY 4.



Book Club

When: Wednesdays, July 3 & 17

Where: Craft Room

Time: 1 p.m. - 3 p.m.

with Christina



Lakewood Public Library:

Homebound Service

When: Every Tuesday

Time: 10:30 a.m. - 12 p.m.



Call LPL Customer Service Desk by 6 p.m. the Saturday before your delivery date at: (216) 226-8275 ext. 110.

Library representative available to receive books to be returned at this time in the Cafe area.



Open Craft Room Hours

When: Every Monday

Where: Craft Room

Time: 9 a.m. - 12 p.m.

Come hang out and work on
your crafts!



Wednesday Morning Coffee

When: Every Wednesday

Where: Cafe

Time: 8:30 a.m. - 10 a.m.



Friday Trivia

When: Friday, July 26

Time: 3 p.m. - 4 p.m.

Where: Cafe



Rummikub Game Play

When: Every Friday

Where: Cafe

Time: 10 a.m. - 12 p.m.

Join residents in the Cafe every Friday to play Rummikub!

Everyone is welcome!



Karaoke

Karaoke will be taking a summer break and start back up on Saturday, September 7th.



Sunday Jams

When: Every Sunday

Time: 12 p.m. - 6 p.m.

Where: Community Room
with Honey





Janis & Tony

When: Sundays,
July 14 & 28

Time: 6:30 p.m. - 8 p.m.

Where: Brosky Commons

This duo performs 40's and 50's music.

Janis plays the piano, and Tony sings standards and show tunes. All are welcome!

Janis & Peter

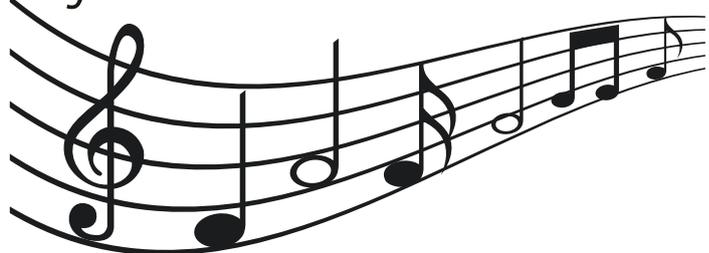
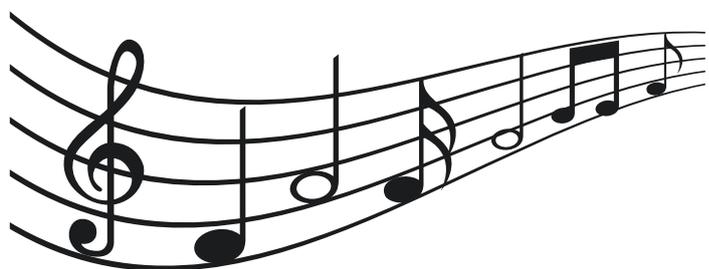
When: Thursday,
July 18

Time: 7 p.m. - 8:30 p.m.

Where: Brosky Commons

This duo performs light classical music. Janis plays the piano and Peter plays the violin.

All are welcome!



Creative Therapy Activities



Music Therapy

When: Every Thursday

Time: 2:30 p.m. - 3:30 p.m.

Where: Community Room

with Gavin

CANCELLED ON JULY 4

Art Therapy

When: Every Monday

Time: 4 p.m. - 5:30 p.m.

Where: Community Room
with K.D.



Religion & Worship

Activities



Rosary Services

When: Every Tuesday

Time: 7 p.m. - 8 p.m.

Where: Community Room
with Ms. Tyburski

Bible Study

Bible Study will be taking a summer break in July and start back up on Wednesday, August 14.



Lakewood

Community Activities

Lakewood Black Caucus



When: Saturday, July 20

Time: 12 p.m. - 2 p.m.

Where: Lakewood
Presbyterian Church

with Ms. Wellborn & Ms. Hill

Enter in the rear of the church. FREE parking.

Support Groups

Parkinsons Support Group

When: Wednesday, July 17

Time: 11 a.m. - 12 p.m.

Where: Community Room
with Steve Gannis



Health & Wellness

Activities



Stretching into Health w/ Cat Donovan

When: Every Tuesday

Time: 11 a.m. - 11:45 a.m.

Where: Greenhouse

Stretching into Health is gentle stretching that is done while seated or using a chair for balance.

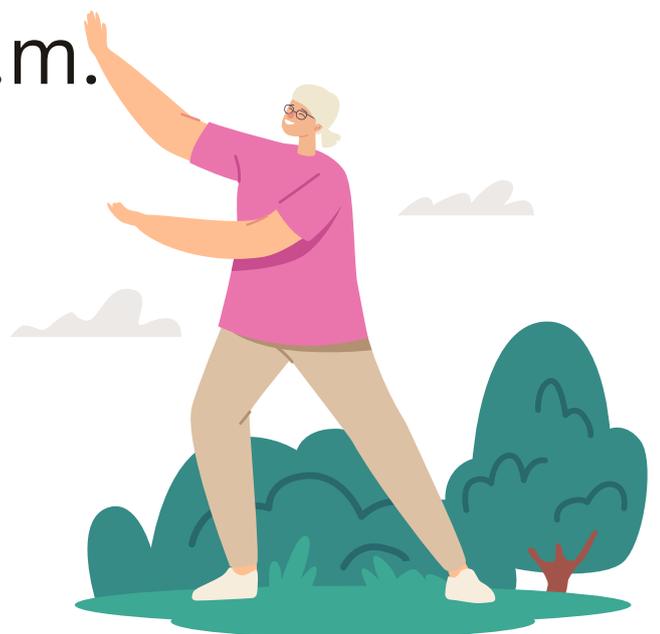
Tai Chi w/ Jan

When: Every Thursday

Time: 11 a.m. - 11:45 a.m.

Where: Greenhouse

CANCELLED ON JULY 4



Barton Center

Wellness Corner

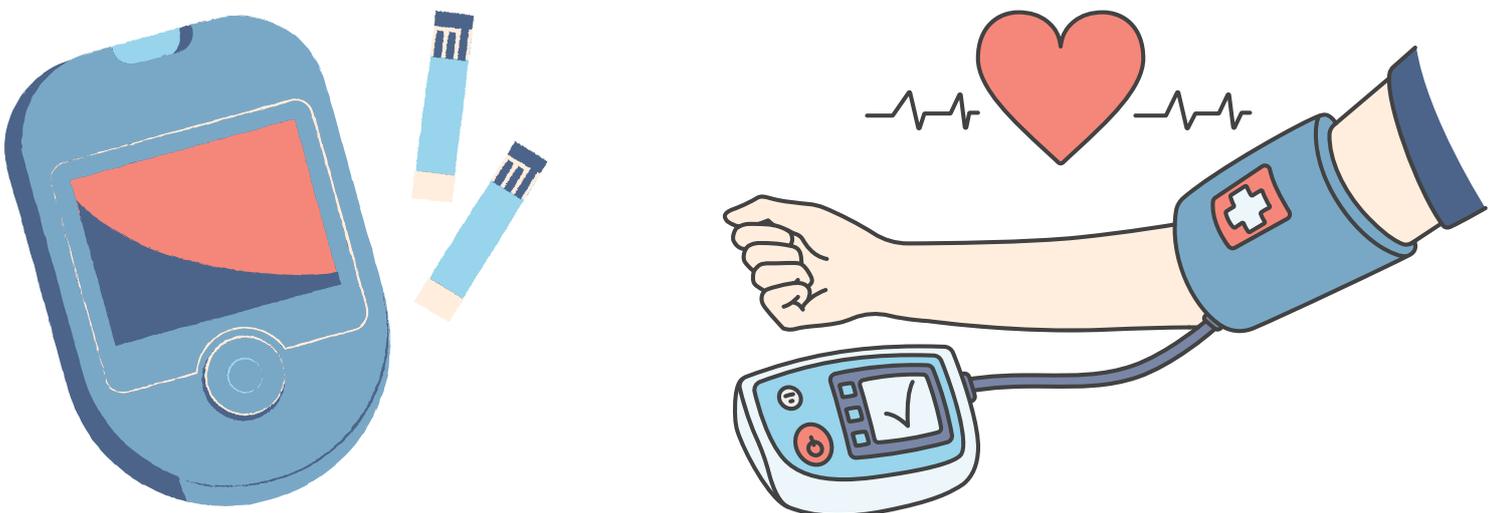
Neighborhood Paramedic

Blood Pressure and Glucose Checks with Ryan Birth

When: Thursday, July 18

Time: 11 a.m. - 12 p.m.

Where: Cafe



Wellness Center Offerings

Dr. Mark Massie
Podiatrist

When: Every 3rd
Thursday

Time: 9 a.m. - 3 p.m.

By appointment ONLY
216-402-4233

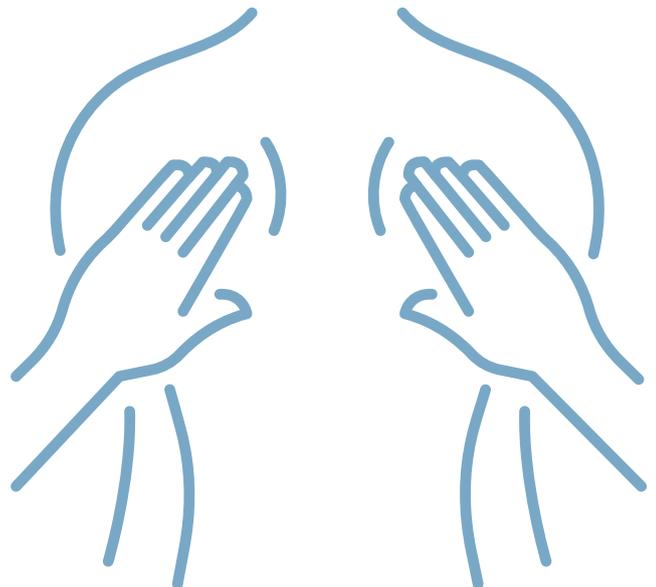


Anthony Lima
Licensed Massage
Therapist

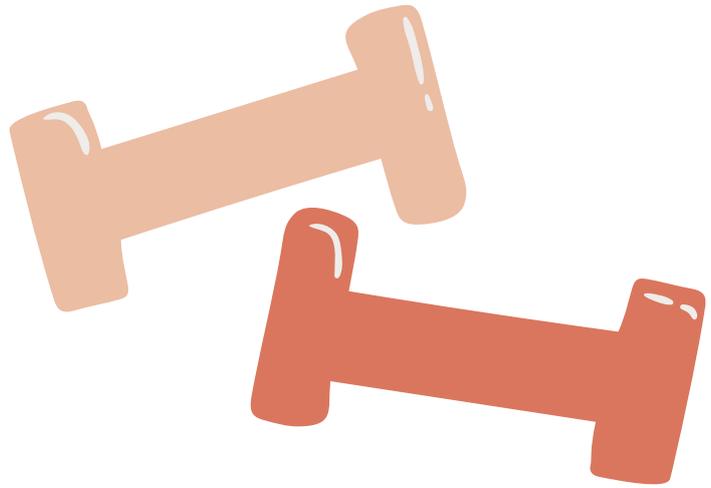
By appointment ONLY

Call or Text:
216-704-0794

Email:
GITmassage@hotmail.com



Fitness Center



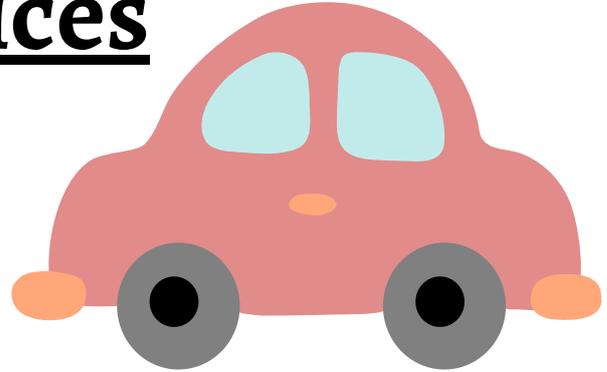
OPEN 24 HOURS

Please see the Westerly Office, room 110, to sign a waiver and activate your fob. **A waiver must be completed prior to using the Fitness Center.**



Barton Center Transportation

Services



(216) 221-4282

COST: \$2 one-way \$4 roundtrip
Monday-Friday 9 a.m.-11:15 a.m.
1 p.m. - 3:15 p.m.
Must book in ADVANCE

Next Westgate Trip: Wednesday,
July 10

Must be able to get in and out of the car independently. The Barton Center is not responsible for any **lost, stolen or damaged items.**

You must be on time for your ride, or the car will leave without you!!



“People Need People”

Did you know that loneliness and social isolation are now considered an epidemic facing older adults today and can have a negative impact on your emotional and physical health?

The good news is that loneliness and social isolation can be **OVERCOME!**

Join VNA of Ohio and learn strategies and skills to help you overcome feeling lonely or isolated to help **YOU** live your **BEST** quality life!

When: **Tuesday July 9, 2024**
1-2 PM

Where: **The Westerly Dining Room**

Bring a Friend!

Participants have the opportunity to win a prize!



Westerly Service Coordinators Present:



Western Reserve

Area Agency on Aging

How Sweet It Is: A discussion on how to self-manage diabetes with a focus on a healthy lifestyle through nutrition, exercise, and stress management.

Date: 07/12/24

Time: 1:30-2:30 pm

Location: Carr Lounge

Free Raffle to Giant Eagle



Westerly Service Coordinators bring you:



Topic: Acupuncture 101

- What is it?
- How can it help & how does it help manage pain
- Live demonstration on-site

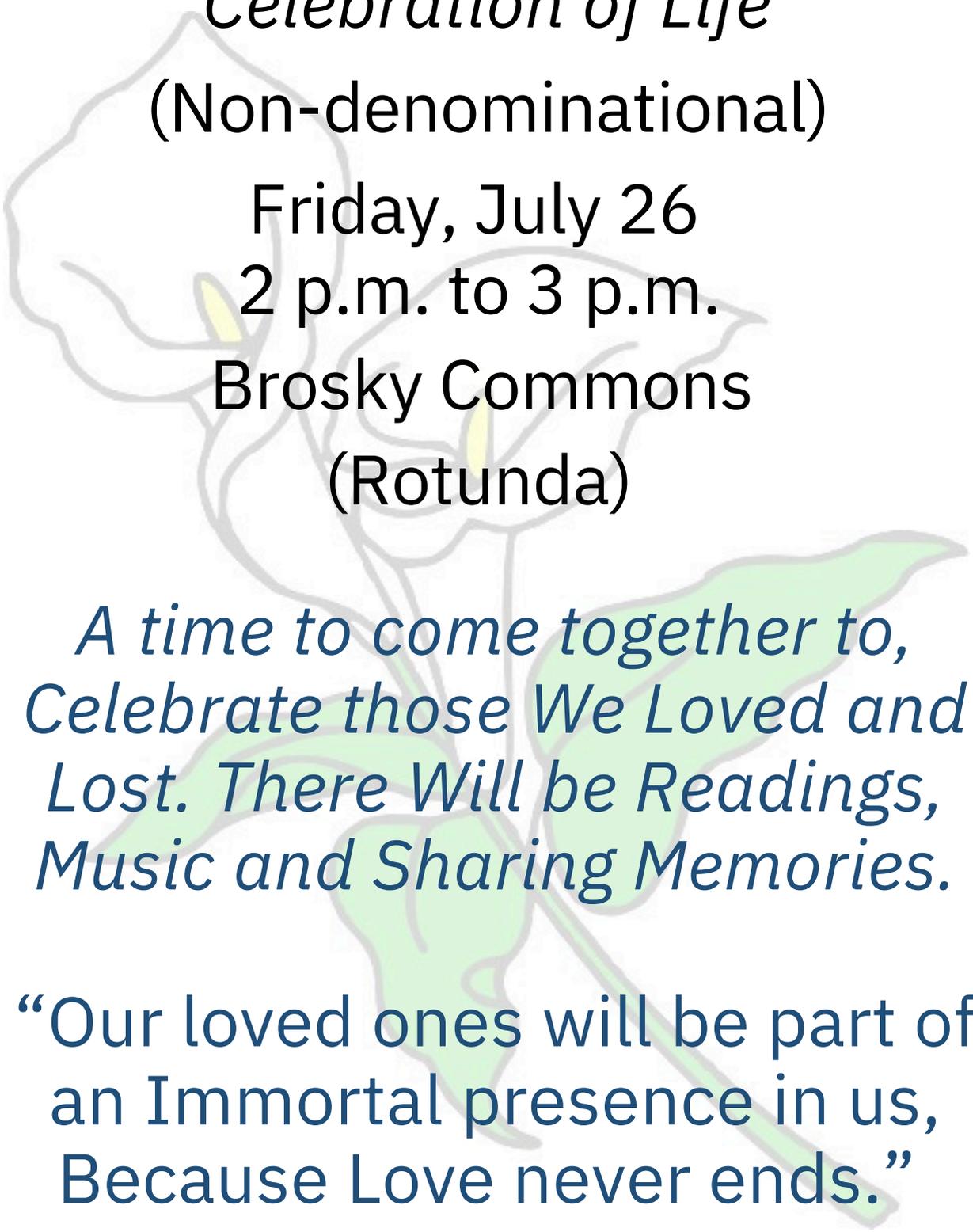
Presenter: Thuy (Kim) Nguyen, Lead Acupuncturist

Date: 07/18/24

Time: 1:30 p.m.-2:30 p.m.

Location: Carr Lounge

Raffle to Giant Eagle Gift Card



“Celebration of Life”
(Non-denominational)

Friday, July 26
2 p.m. to 3 p.m.

Brosky Commons
(Rotunda)

*A time to come together to,
Celebrate those We Loved and
Lost. There Will be Readings,
Music and Sharing Memories.*

“Our loved ones will be part of
an Immortal presence in us,
Because Love never ends.”

ANNUAL WESTERLY APARTMENTS SENIOR HEALTH & WELLNESS FAIR



Your Health, Our Priority !

**Learn about Valuable Community
Resources, Free Health Screenings and
Raffles**



**August 14, 2024
10:00 am-2:00 pm**

 **14300 Detroit Avenue,
Lakewood, Ohio 44107**



BARTON
COMMUNITIES



**Westerly Service Coordinators are looking for
residents to assist with volunteering and helping the
Service Coordinators at this event! If you are
interested, please see your Service Coordinator.**